

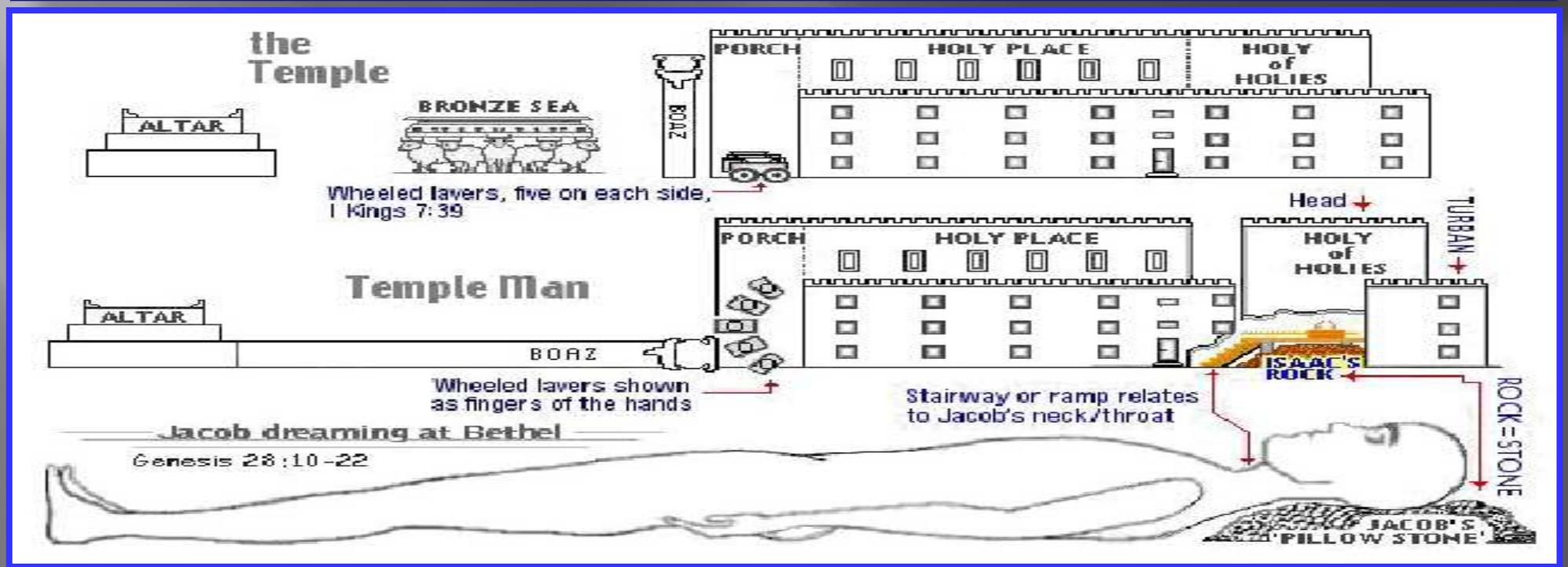
The Sanctuary of our Body

THE THIRD TEMPLE

Review Part 1

Our Bodies are a "Temple" in which God desires to dwell.

By : sister rose



Our Example

Our Lord Jesus Christ came to this world as the unwearied servant of man's necessity.

(Matthew 8:17)

That it might be fulfilled which was spoken by Esaias the prophet, saying, Himself “took our infirmities, and bares our sicknesses,”

That He might minister to every need of humanity.

The burden of disease and wretchedness and sin

He came to remove.

It was His mission to bring to men complete restoration;

He came to give them

health and peace and perfection of character.

{MH- The Ministry of Healing 17.1}

The Health Reform

The Right hand of The Third Angels Messages

*The health reform is one branch of the great work which is to fit a people for the coming of the Lord. It is as closely connected with the third angel's message as the hand is with the body. **The law of Ten Commandments has been lightly regarded by man;** yet the Lord will not come to punish the transgressors of that law without first sending them a message of warning. Men and women cannot violate natural law by indulging depraved appetite and lustful passions, without violating the law of God.*

***Therefore he has permitted the light of health reform to shine upon us, that we may realize the sinfulness of breaking the laws which he has established in our very being.** Our heavenly Father sees the deplorable condition of men who, many of them ignorantly, are disregarding **the principles of hygiene.** And it is in love and pity to the race that he causes the light to shine upon health reform. He publishes his law and its penalties, in order that all may learn what is for their highest good. He proclaims his law so distinctly, and makes it so prominent, that it is like a city set on a hill.*

All intelligent beings can understand it if they will. None others are responsible. To make natural law plain, and to urge obedience to it, is a work that accompanies the third angel's message.

{Christian Temperance and Bible Hygiene CTBH 9.1}

All should have an intelligent knowledge of the human frame that they may keep their bodies in the condition necessary to do the work of the Lord. The physical life is to be carefully preserved and developed that through humanity the divine nature may be revealed in its fullness. The relation of the physical organism to the spiritual life is one of the most important branches of education.

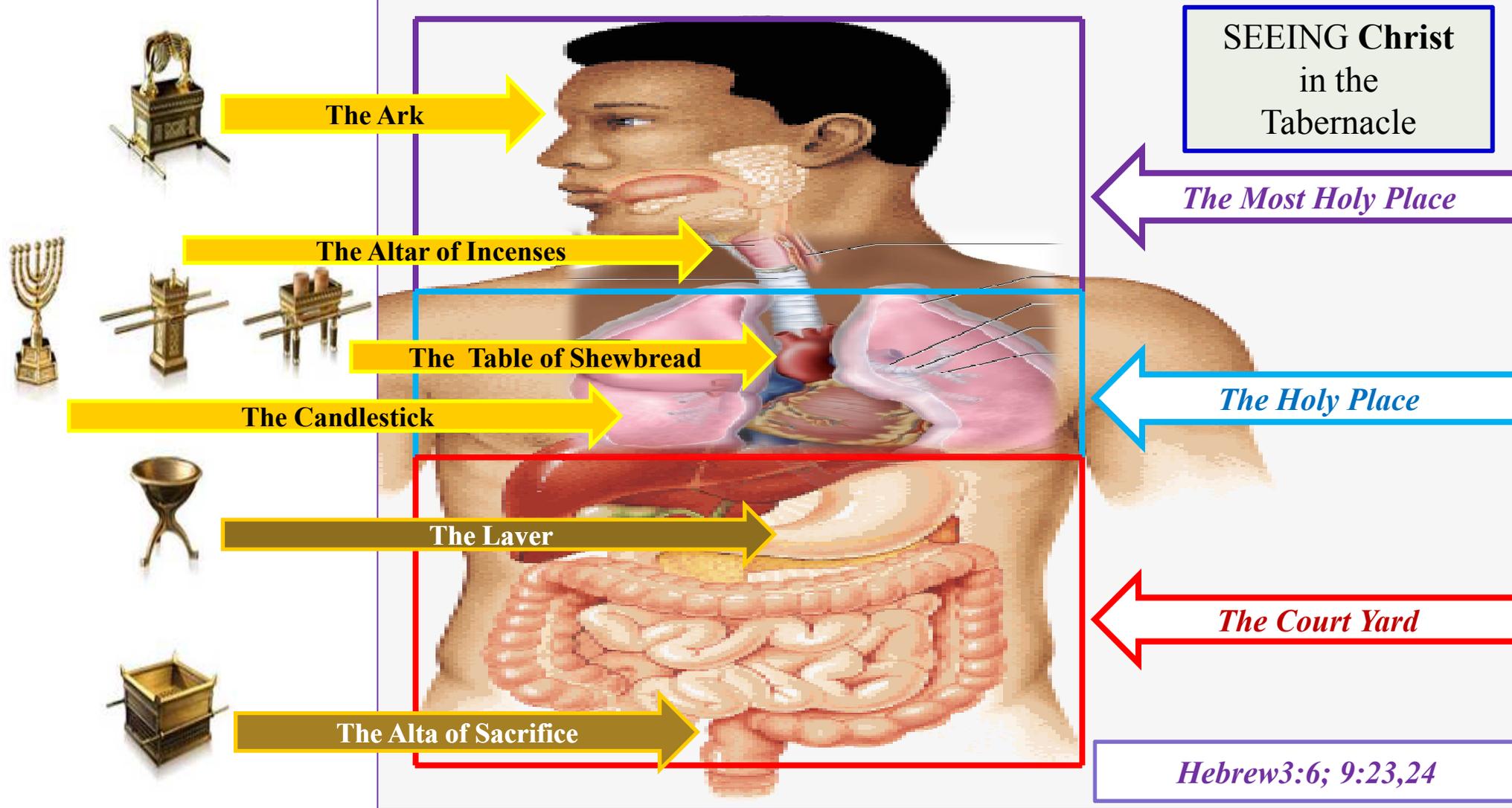
It should receive careful attention in the home and in the school.

All need to become acquainted with their physical structure and the laws that control natural life. He who remains in willing ignorance of the laws of his physical being and who violates them through ignorance is sinning against God. All should place themselves in the best possible relation to life and health.

Our habits should be brought under the control of a mind that is itself under the control of God.

{COL- Christ Object Lesson 348.1}

Our Body is a Temple!



And let them make me a sanctuary; that I may dwell among them.(Exodus 25:8)

“I am fearfully and wonderfully made.” [Psalm 139:14.]

(1 King 6:7)

The Tabernacle of the Human Frame

"Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are."
(1 Corinthians 3:16, 17). {Ed-Education 36.3}

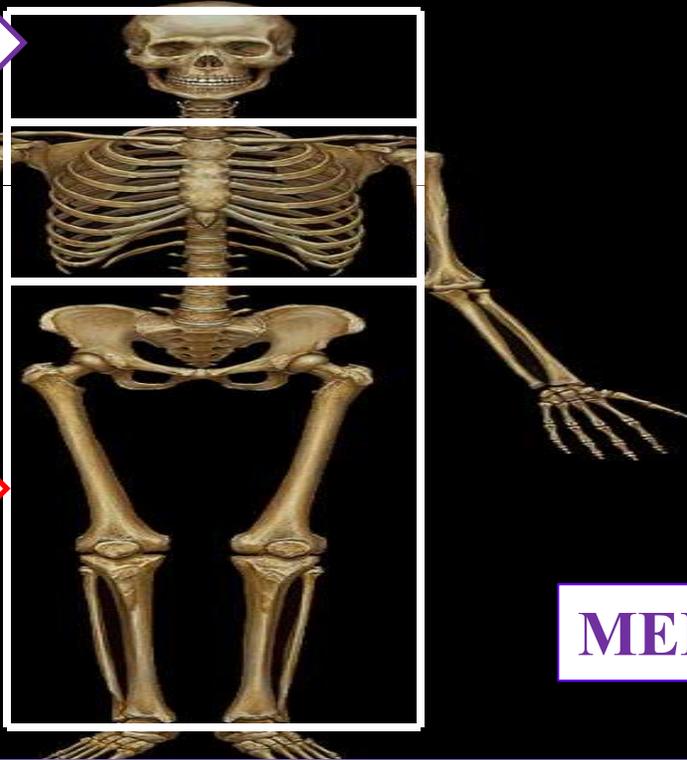
ANTI-TYPE

Introducing the Frame of our Tabernacle

The Most Holy

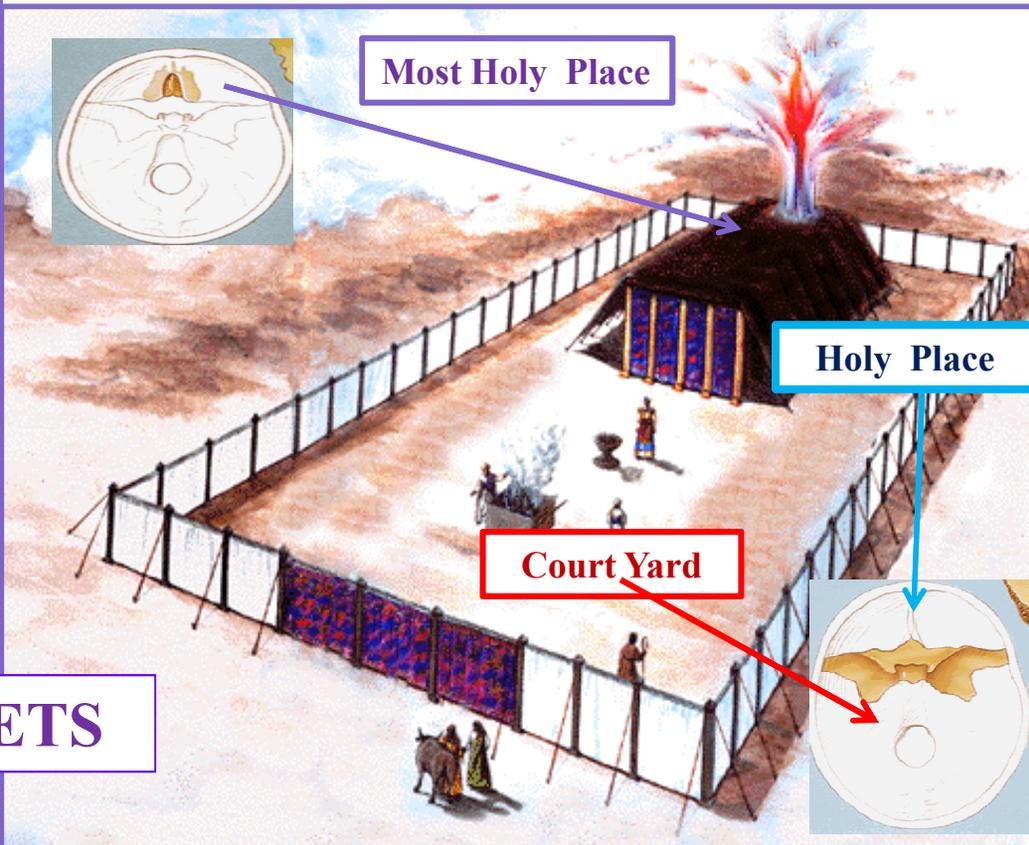
Holy Place

The Court Yard

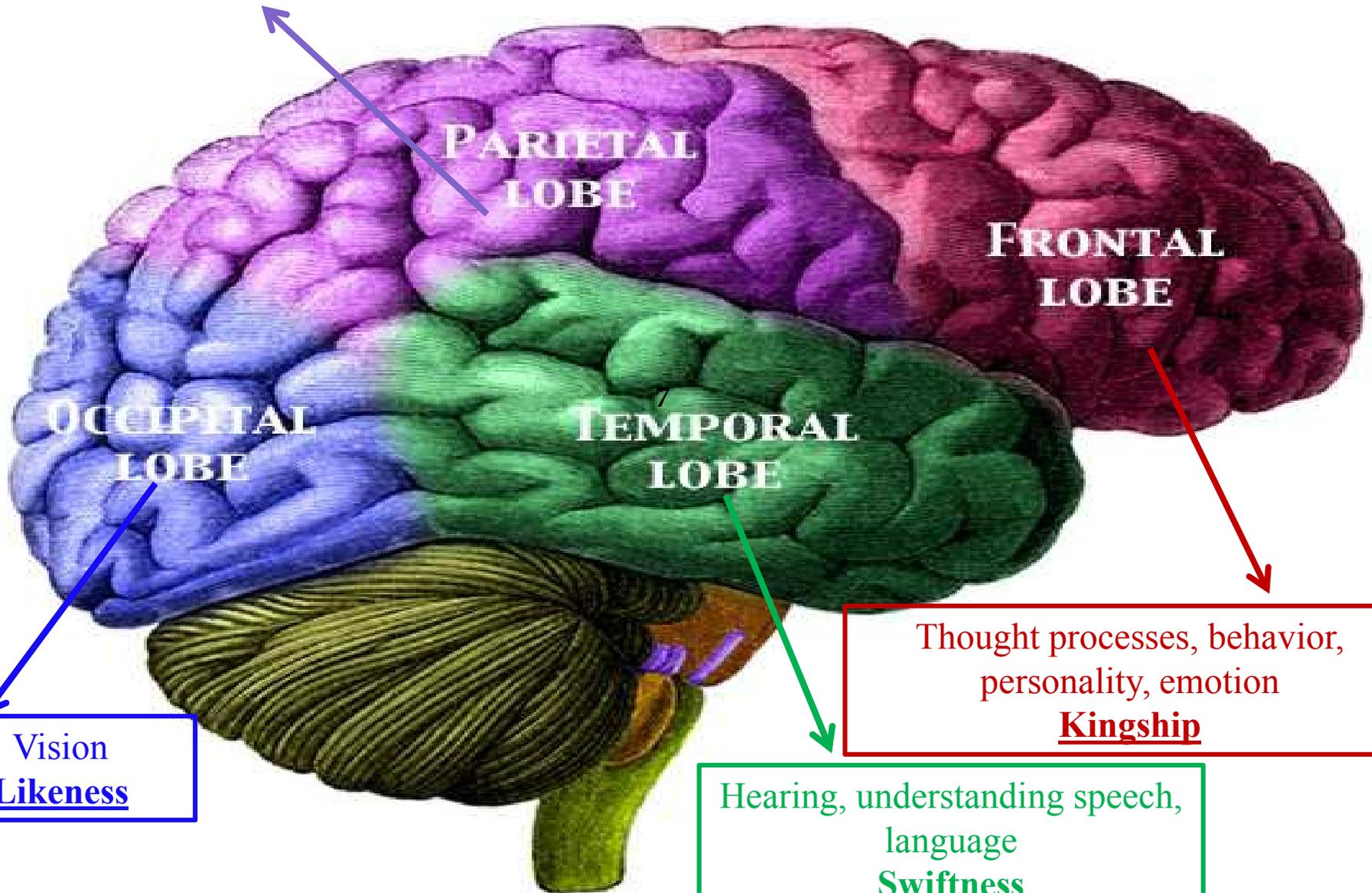


MEETS

TYPE



In whom all the building fitly framed together groweth unto an holy temple in the Lord:
(Ephesians 2:21) (Hebrew 8:2) (1 Corinthians 3:16, 17) (Exodus 27:1-3) (Romans 12:1-2)

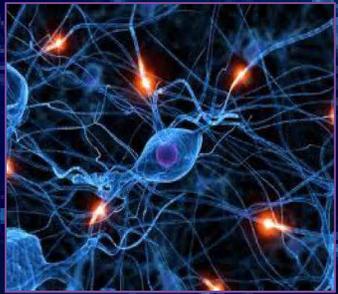


Vision
Likeness

Hearing, understanding speech,
language
Swiftiness

Thought processes, behavior,
personality, emotion
Kingship

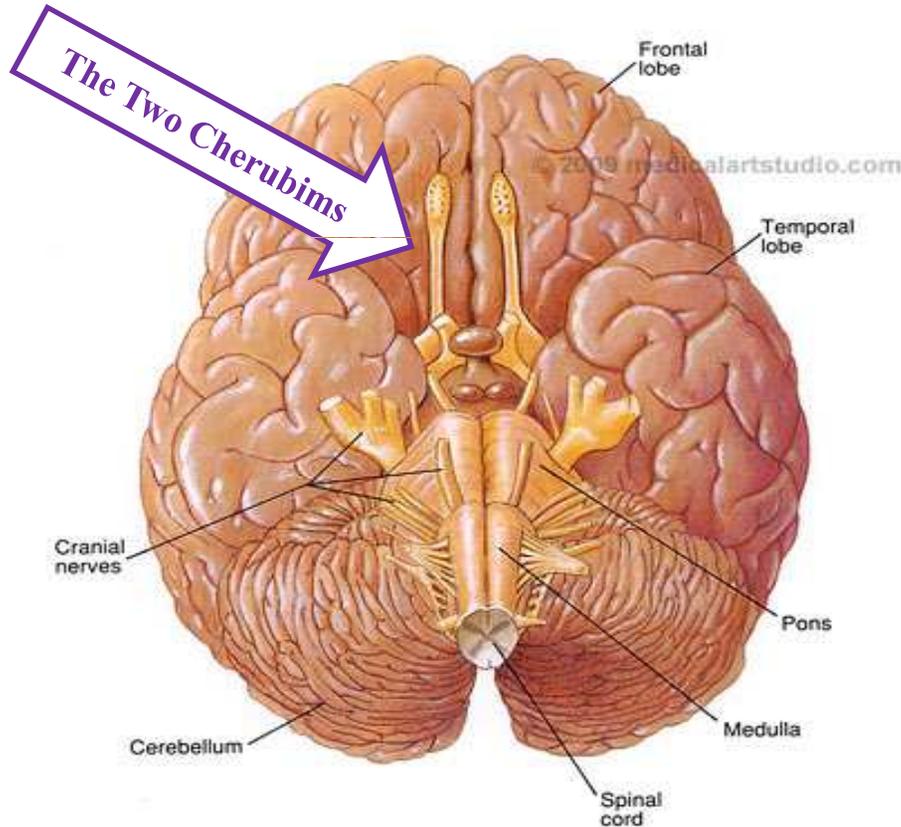
(Your brain weighs about 3 pounds= (the cerebrum, the cerebellum, the brainstem) and contains an amazing 100 billion (100,000,000,000) neurons are specialized cells that conduct nerve impulses.



In the Most Holy Place dwells The Ark of the Covenant

The brain is the citadel of the whole man, margin..
{Healthful Living 195.4} Judah [is] my
lawgiver; margin. (Psalms. 108:8)

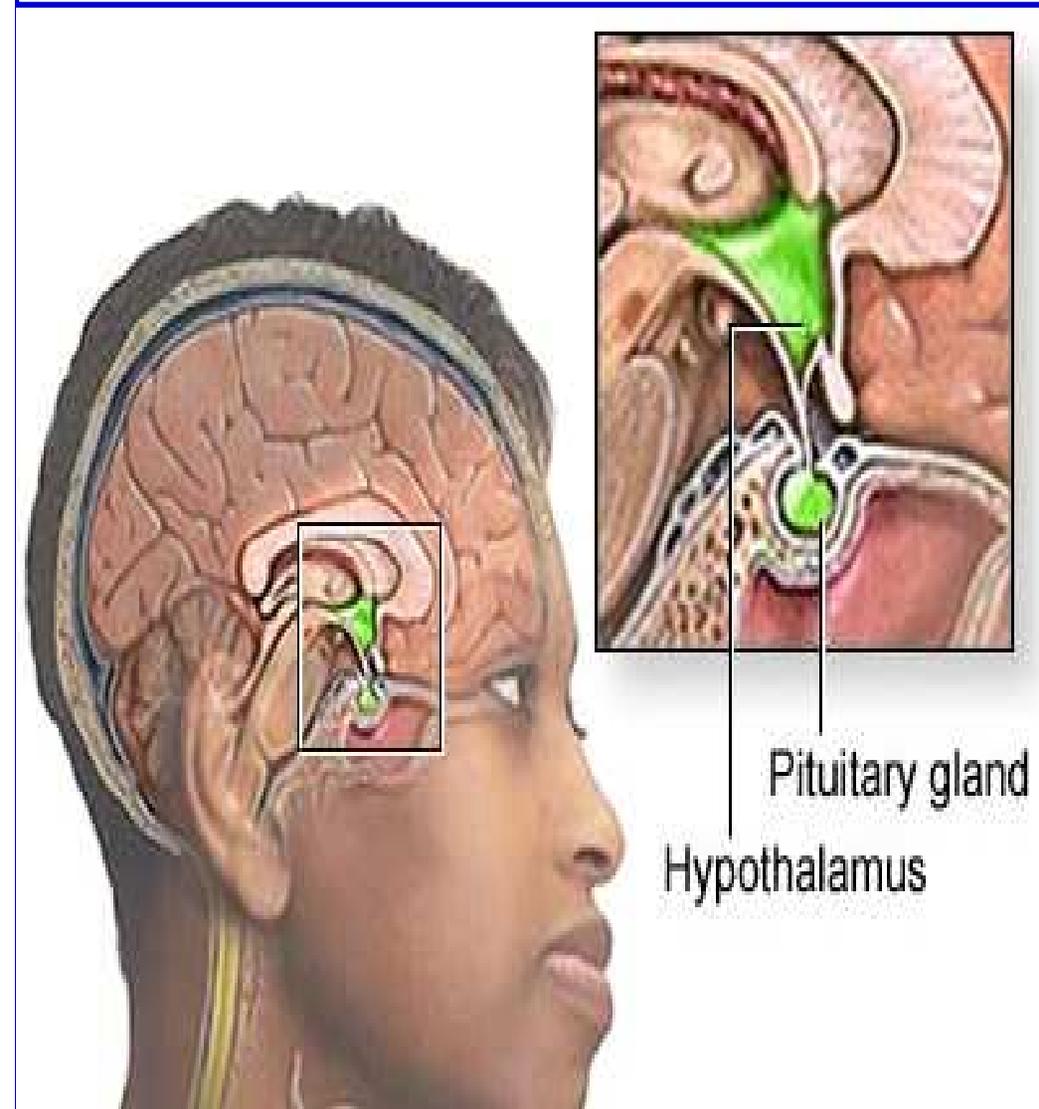
The Ark, The Central article of furniture in the
sanctuary, was made to contain the Law of God.
(SNH, SDP-The Story of Daniel the Prophet page.
305 book outline study)



The Tribe of Judah

The ark was the central figure of the entire sanctuary. {SNH,
CIS The Cross and Its Shadow 45.1}

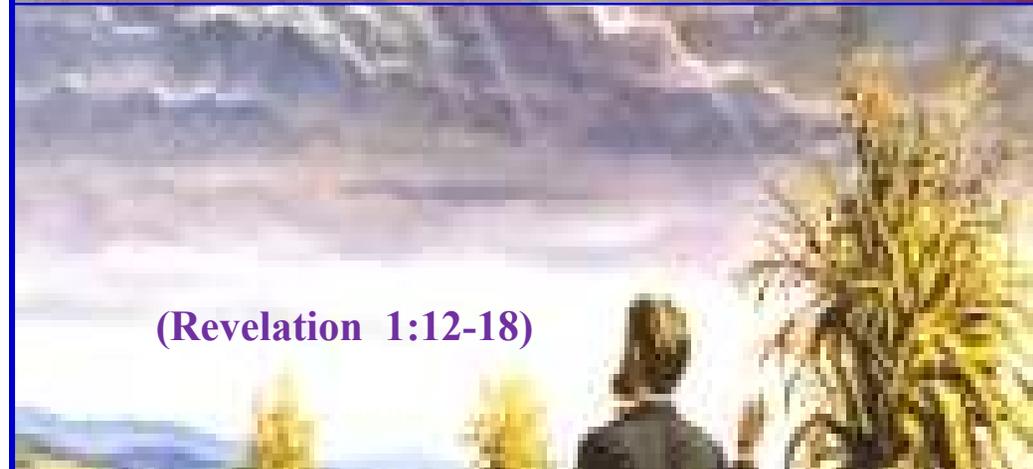
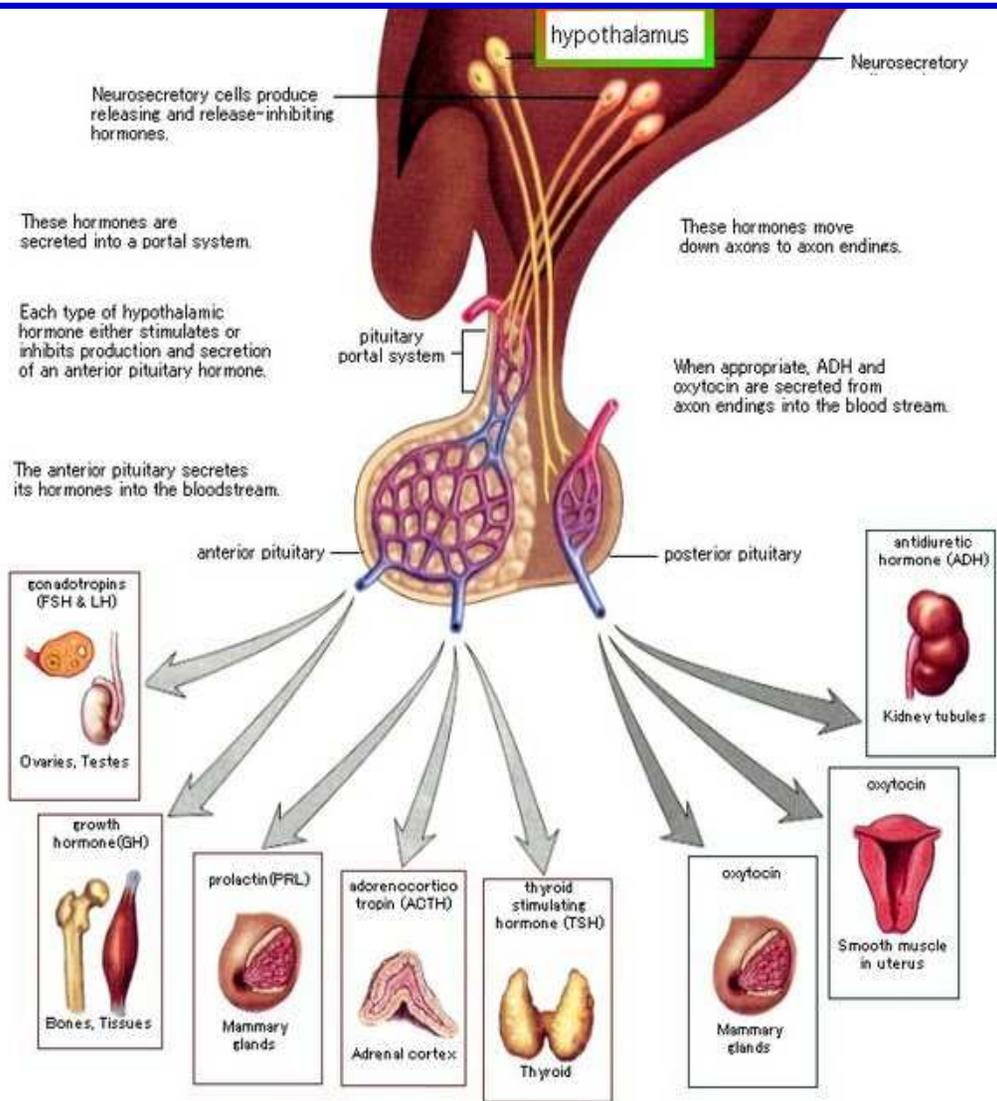
Jesus our High Priest Before the Father



(Genesis 49:20)

The eternal God [is thy] refuge, and underneath [are] the everlasting arms:

JESUS, MADE AN HIGH PRIEST



(Revelation 1:12-18)

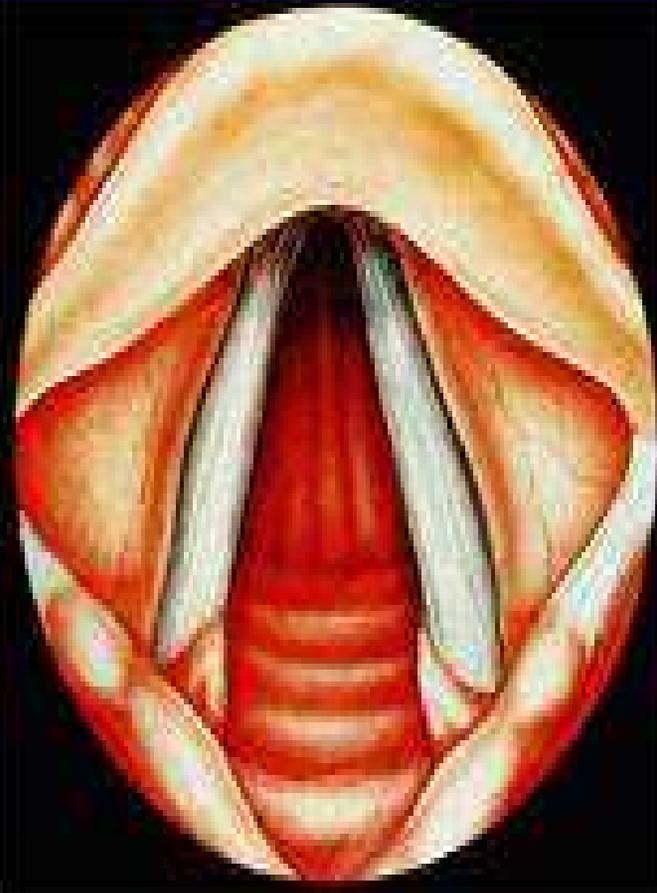
Whither the forerunner is for us entered, [even] Jesus, made an high priest for ever after the order of Melchisedec. (Hebrew 6:20)

The Veil to the Most Holy

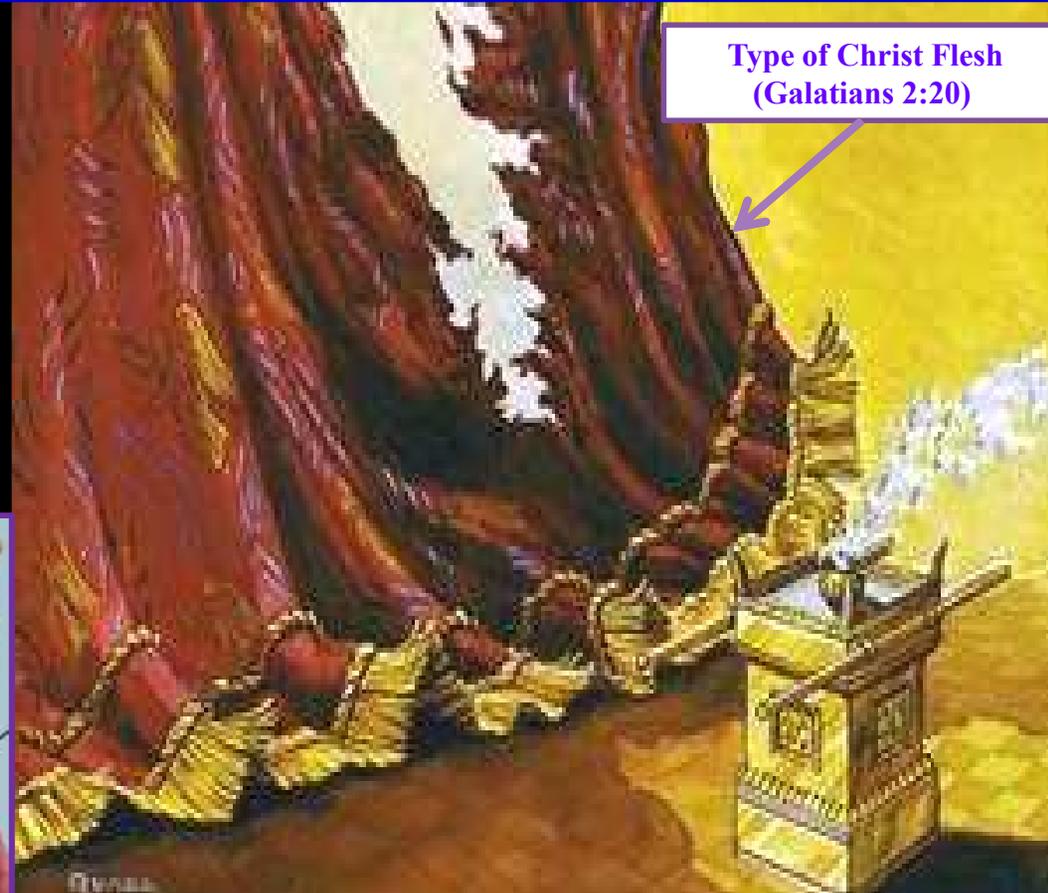
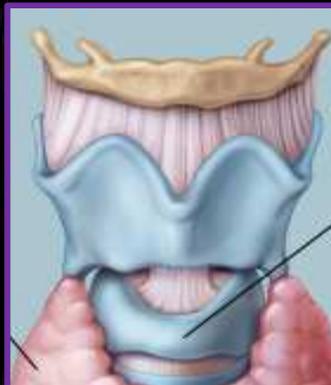
The Life of Christ the way to Holiness

Larynx is also known as voice box or **Adam's apple** and is formed of **9 cartilage**. It extends from the epiglottis to the cricoids cartilage out of which **4 are important**. If **larynx stops functioning we will be dead in no time**.

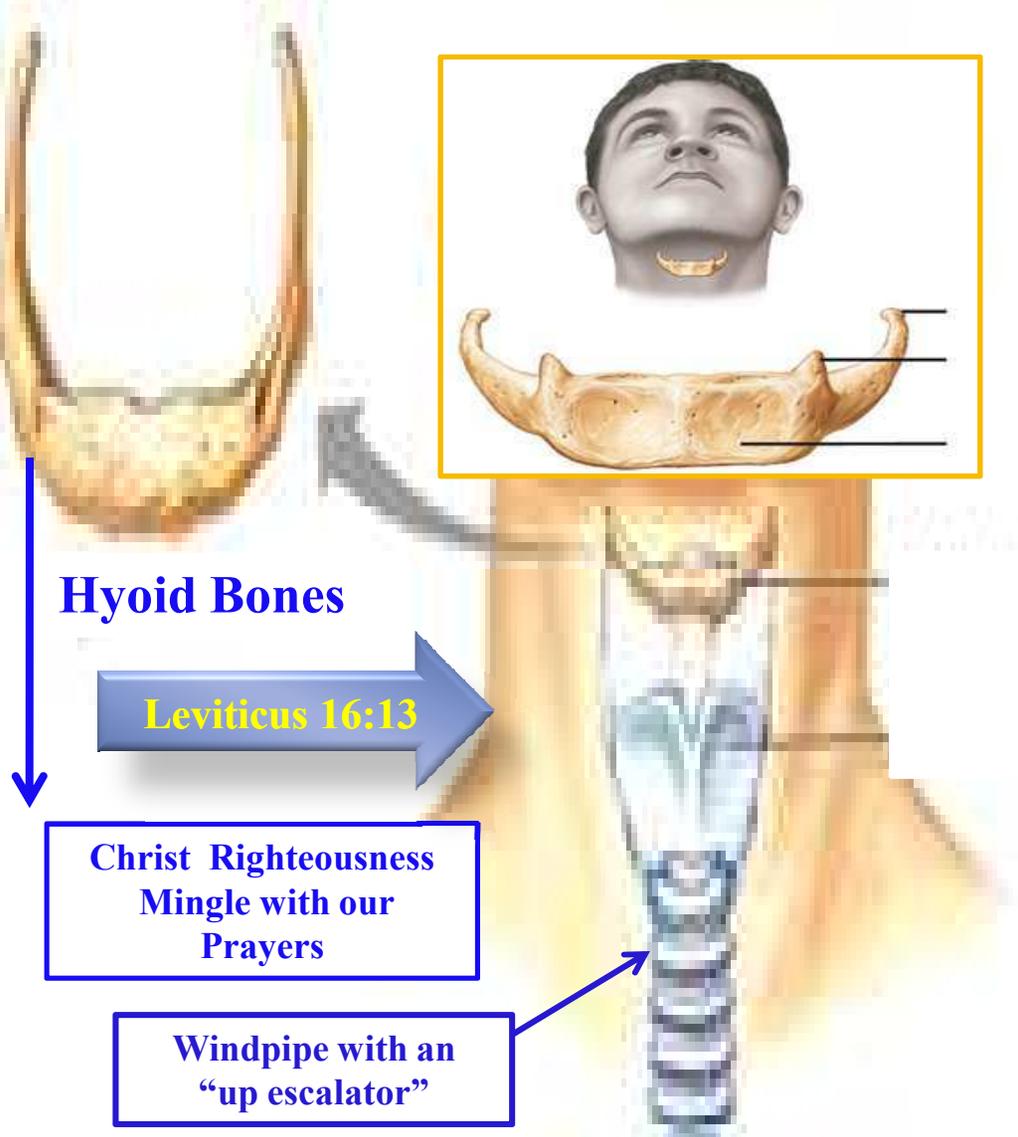
And so it is written, The first man **Adam was made a living soul**; the last **Adam [was made] a quickening spirit**. (1 Corinthians 15:45)
I am the way, the truth, and the life: no man cometh unto the Father, but by me. (John 14:6)



Altar of Incense



The Greater Horn of Hyoid



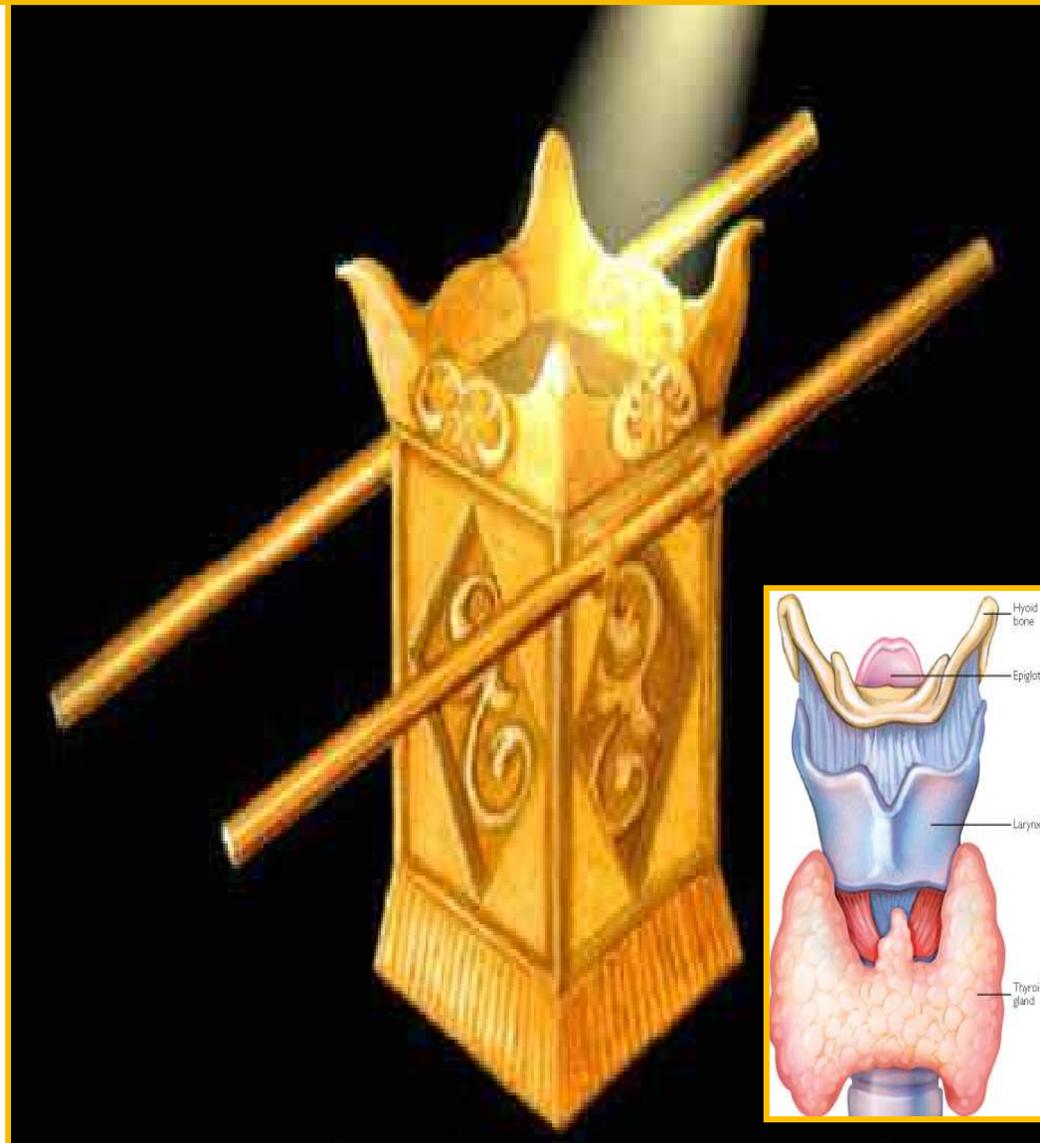
Hyoid Bones

Leviticus 16:13

Christ Righteousness
Mingle with our
Prayers

Windpipe with an
"up escalator"

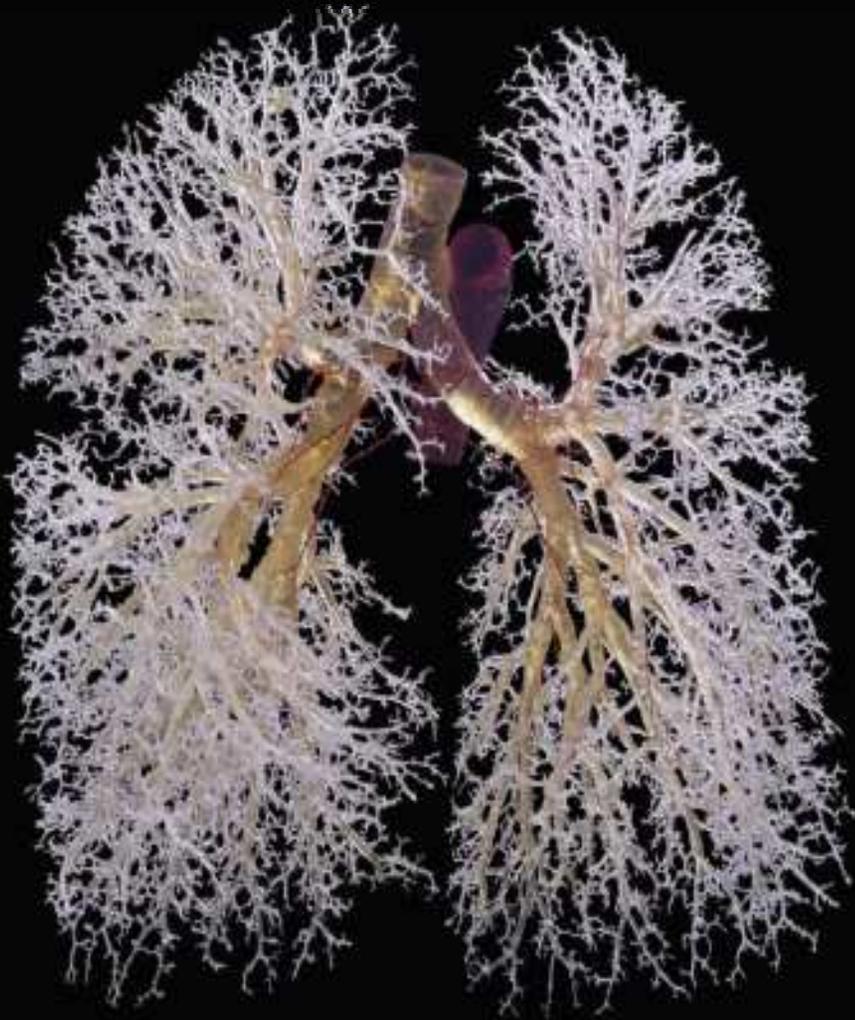
Psalms 141:2, Exodus 30:6-8



Exodus 30:1-3; 40:26, Revelation 8:3-4

The Candlestick

Our Tree Of Life



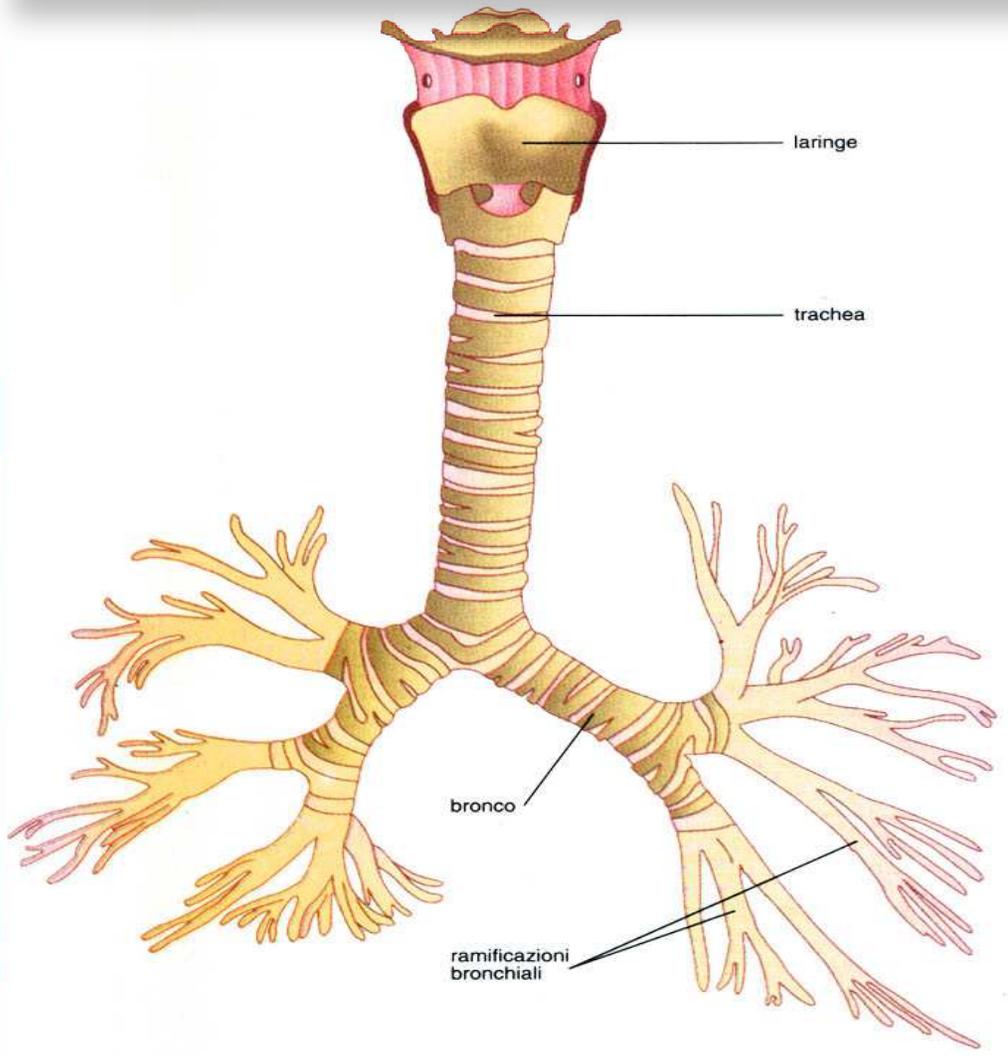
The Lungs or Respiratory System



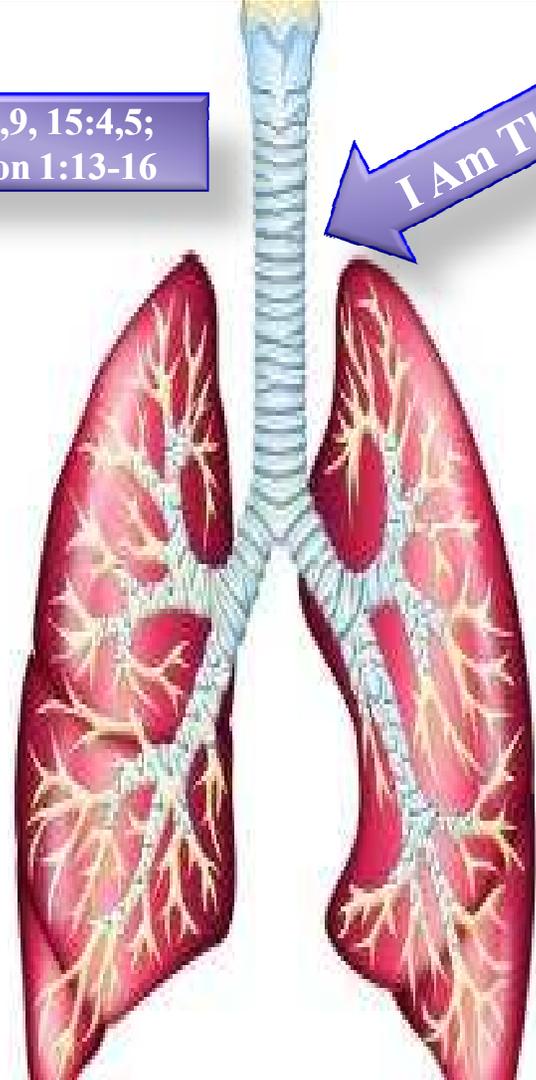
Golden Lamp

Christ says: "I am the true vine, and my Father is the husbandman.

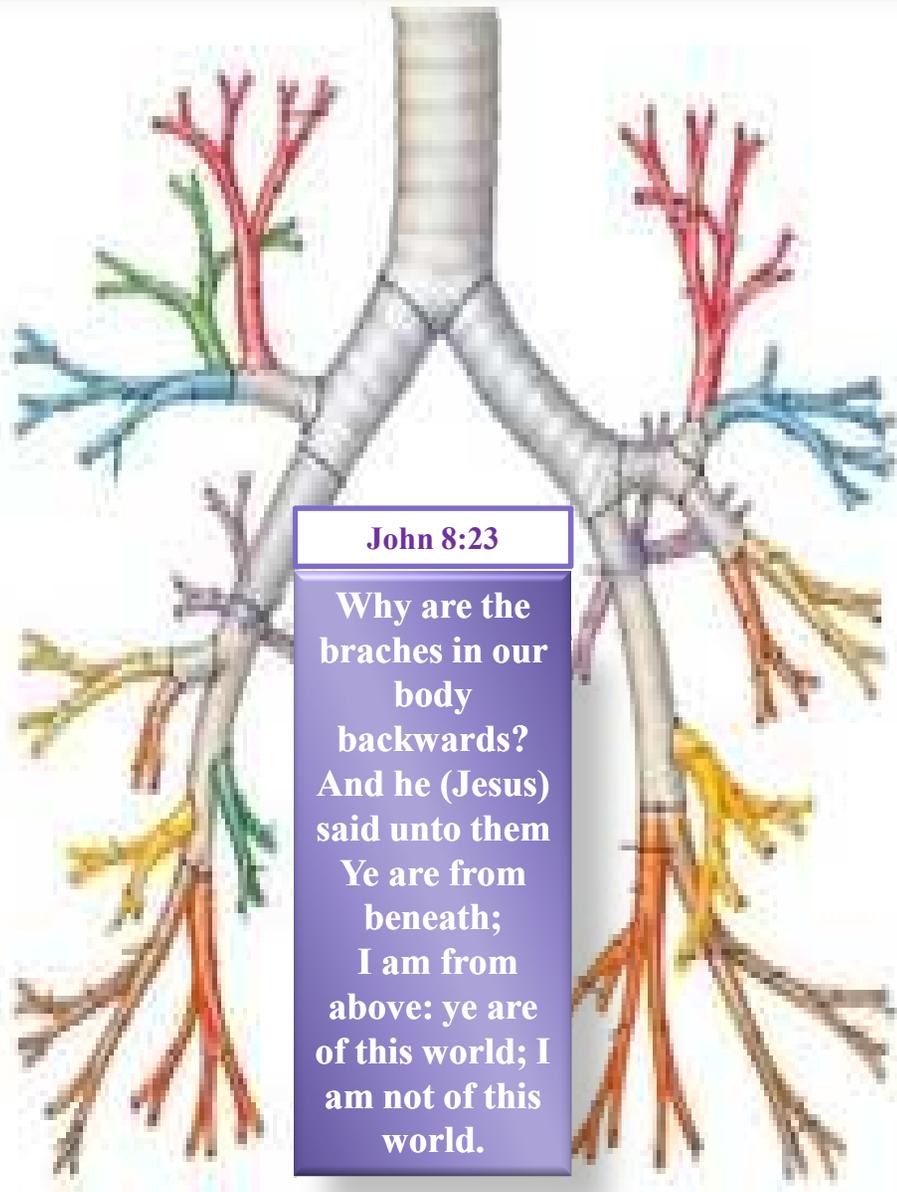
Every branch in me that beareth not fruit he taketh away; and every branch that beareth fruit, he purgeth it, that it may bring forth more fruit. . . . Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me. (John 15:1,5)



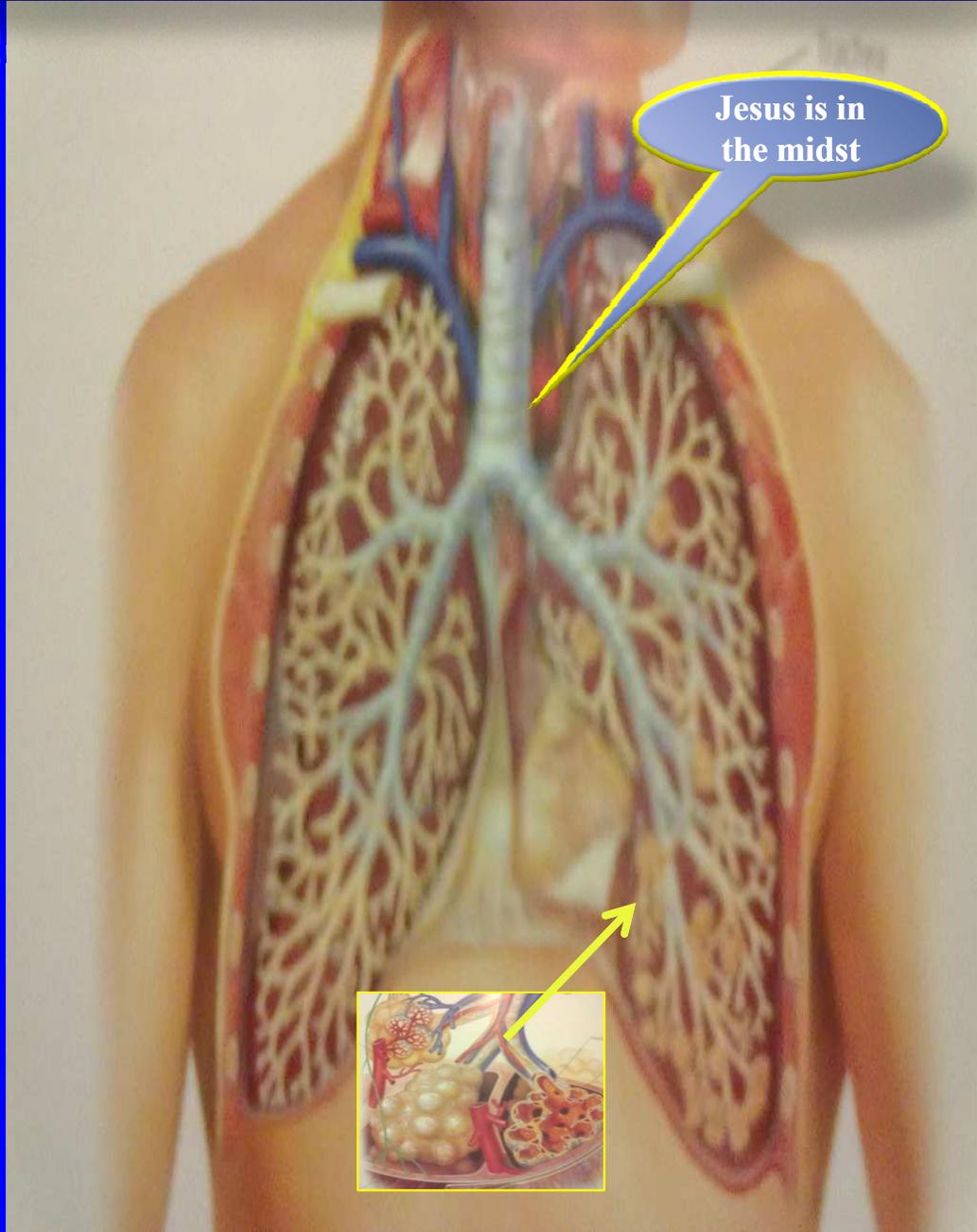
John 1:4,9, 15:4,5;
Revelation 1:13-16



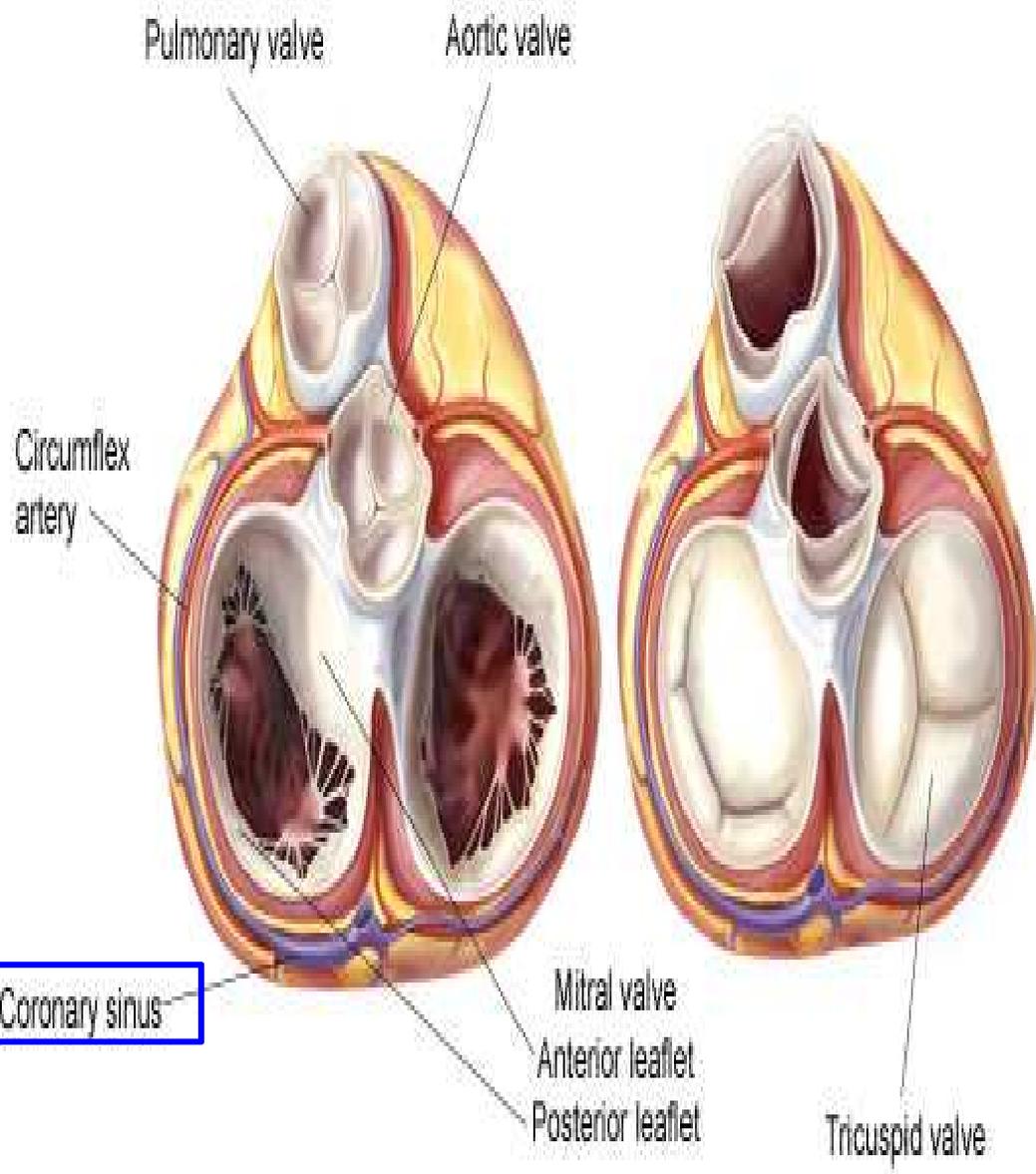
Lets Learn Something Interesting About The Branches!



John 8:23
Why are the braches in our body backwards? And he (Jesus) said unto them Ye are from beneath; I am from above: ye are of this world; I am not of this world.



The Table of Showbread



Proverbs 7:2-3, John 6:48

2 Corinthians 3:1-18

The Heart or Cardiovascular System

Has 4 chambers symbols of the blessings of the First Born.

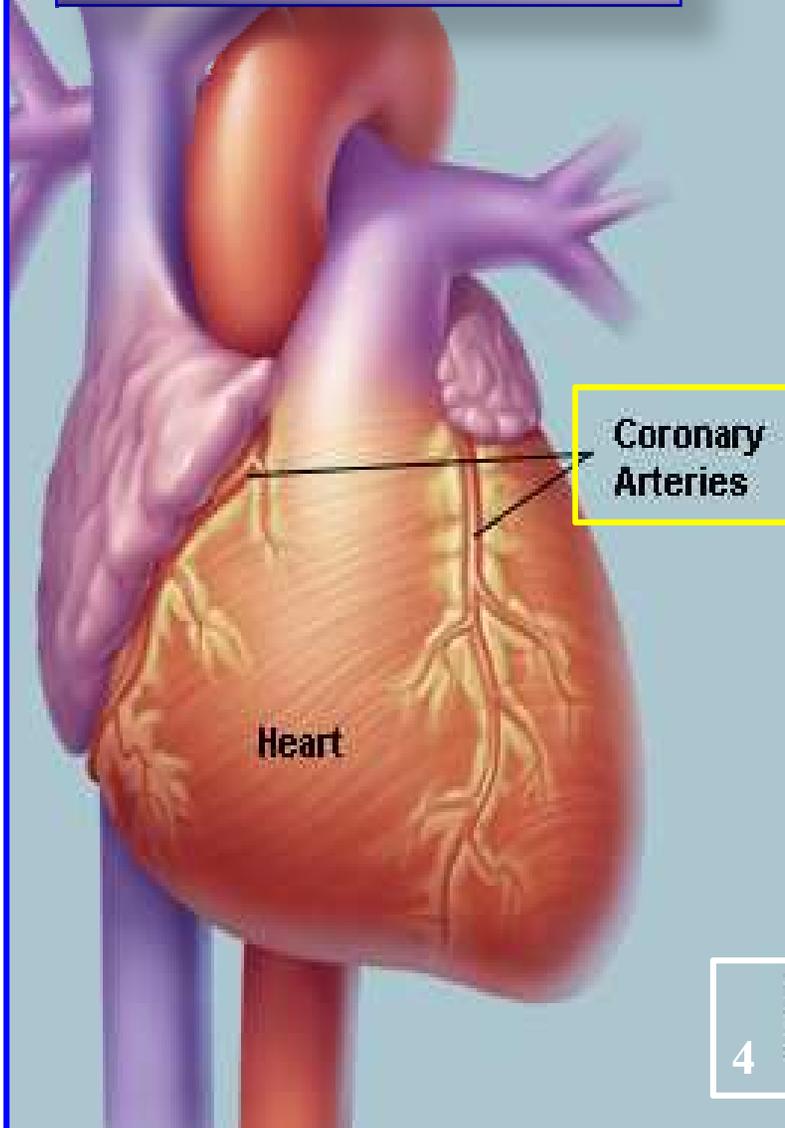
The heart is a double organ; externally it appears to be a single organ, but internally it is double. It is externally about five inches in length, by three and a half in diameter, and weighs about ten ounces. Internally, it contains four compartments; two right, and two left.

These compartments are called Auricles and Ventricles. These pairs of Auricles and Ventricles have not any communication with each other, therefore they are considered as two distinct hearts. The right is called the venous and the left the arterial side of the heart.

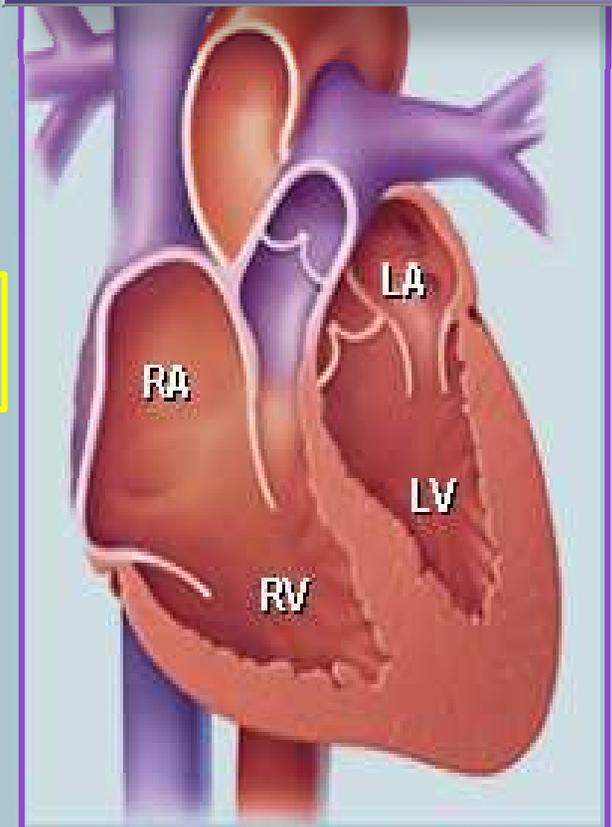
The whole heart will hold nearly a pint.

John Norton Loughbough
{1868 Hand Book of Health 62.2}

The Tribe of Reuben



My Might, My Strength,
The Excellency Of Dignity,
The Excellency Of Power

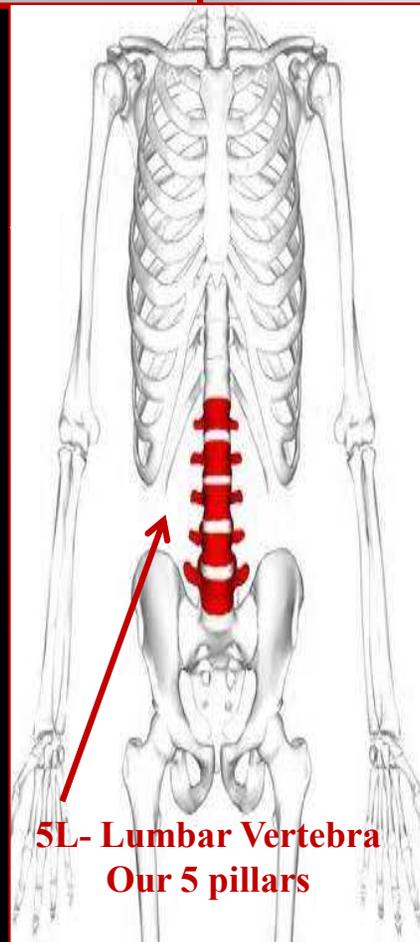


RA = right atrium LA = left atrium
RV = right ventricle LV = left ventricle

The Door to the Holy The Truth to Sanctification

The diaphragm is the primary muscle of inspiration. It is a thin, dome-shaped sheet of muscle that inserts into the lower ribs. The diaphragm moves a centimeter or two up and down, but during exercise, it can move more than (10 centimeter)

The Curtain (the Door) that separates the Holy place and the Courtyard. And thou shalt make an hanging for the door of the tent, [of] blue, and purple, and scarlet, and fine twined linen, wrought with needlework. (Exodus 26:36-37)
(John 10:9)



5L- Lumbar Vertebra
Our 5 pillars



Christ a Symbol of The Laver

The Stomach is an expanded J-shape segment of the digestive track. It is divided in to 4 regions. The very shape give homage to His Creator and Redeemer
(The #4 is a symbol of divinity)

And he made the laver [of] brass, and the foot of it [of] brass, of the looking glasses of [the women] assembling, which assembled [at] the door of the tabernacle of the congregation.
(Exodus 38:8)

The "J" Like
Shape of this
Organ
Gives His Own
Identity
Jesus
Acts 4:10-12

Christ
is become
The head
of the corner
Margin..verse 11



Genesis 49:27

Exodus 30:18-21

The Brazen Altar

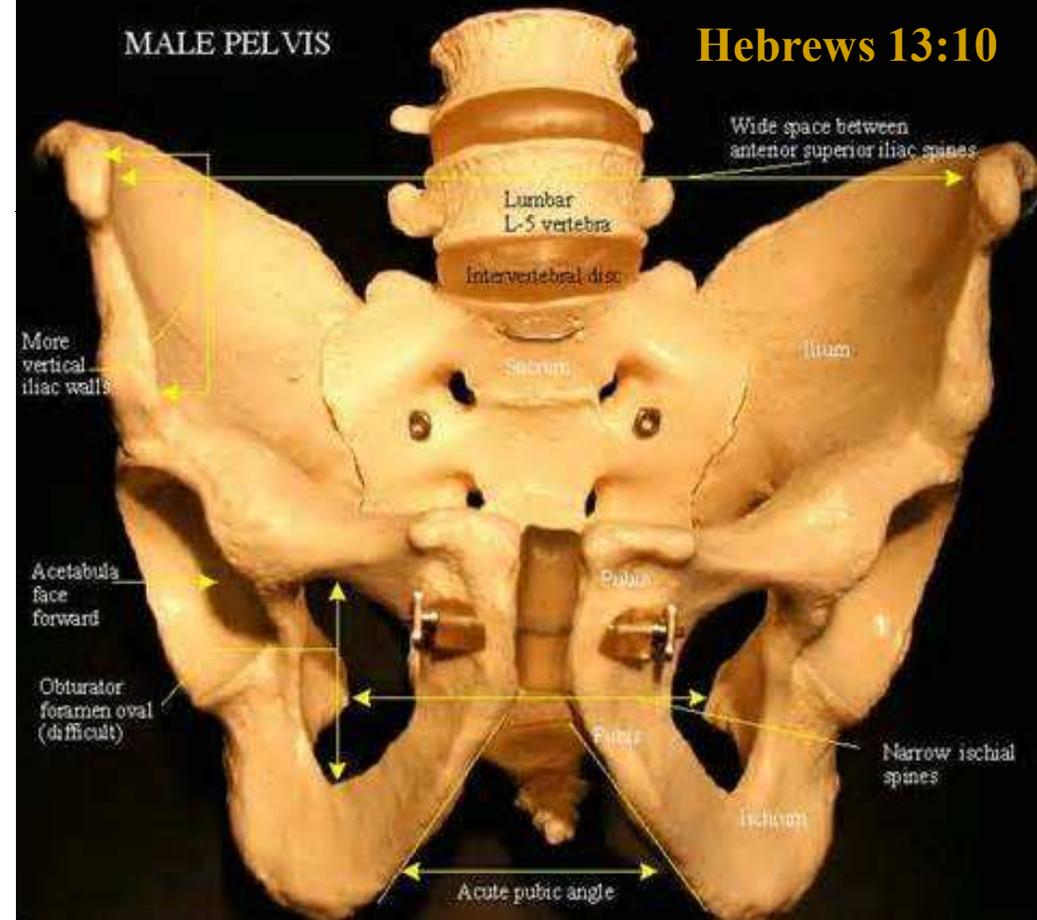
The altar was a hollow box, five cubits square and three cubits high, made of boards of acacia wood on each corner.

A network of brass in the center held the fire and draft for it, allowed the ashes to fall beneath. {1914 SNH, CIS 174.2}

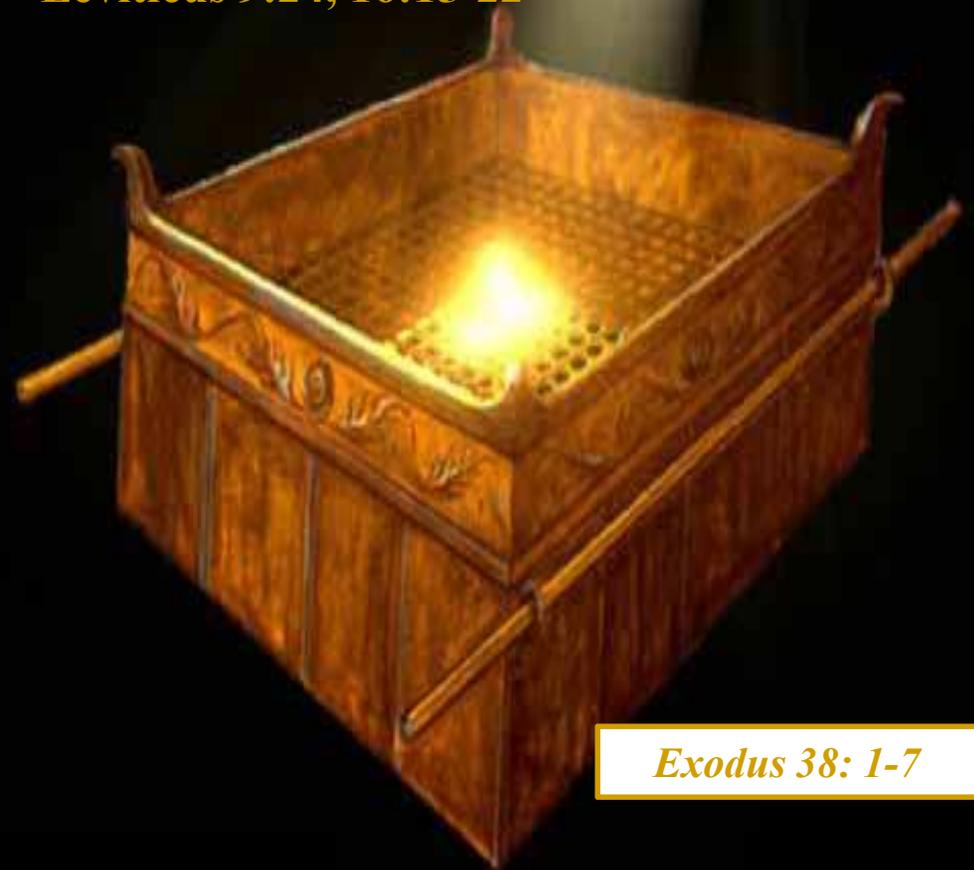
All burnt-offerings of the sanctuary were burned upon the brazen altar. The fire was kindled by the Lord Himself, and was kept burning continually. It was never to go out. The fire which destroy all sin from the earth {1914 SNH, CIS 174.3}

MALE PELVIS

Hebrews 13:10



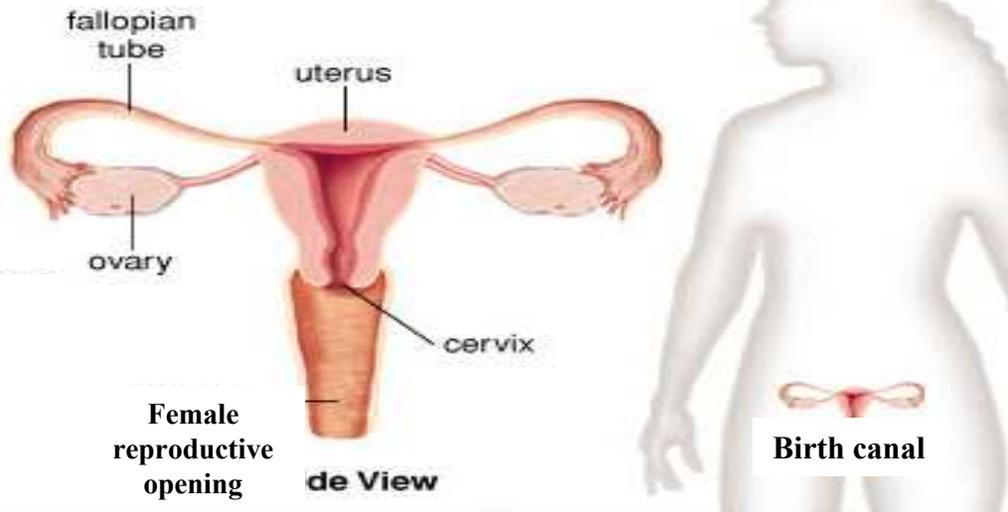
Leviticus 9:24, 16:15-22



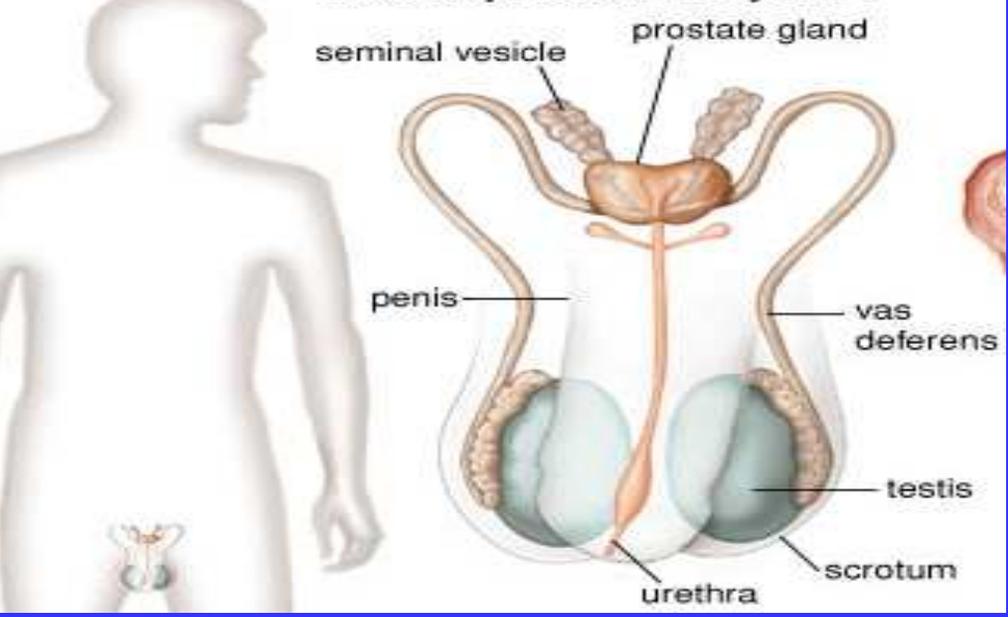
Exodus 38: 1-7

The Reproductive Systems

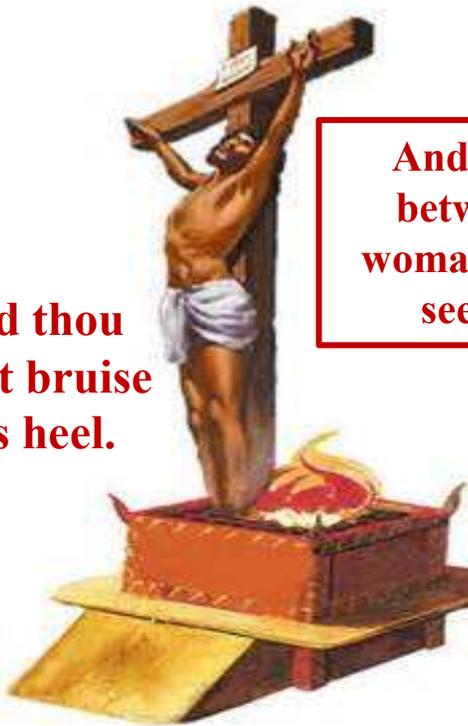
Female Reproductive System



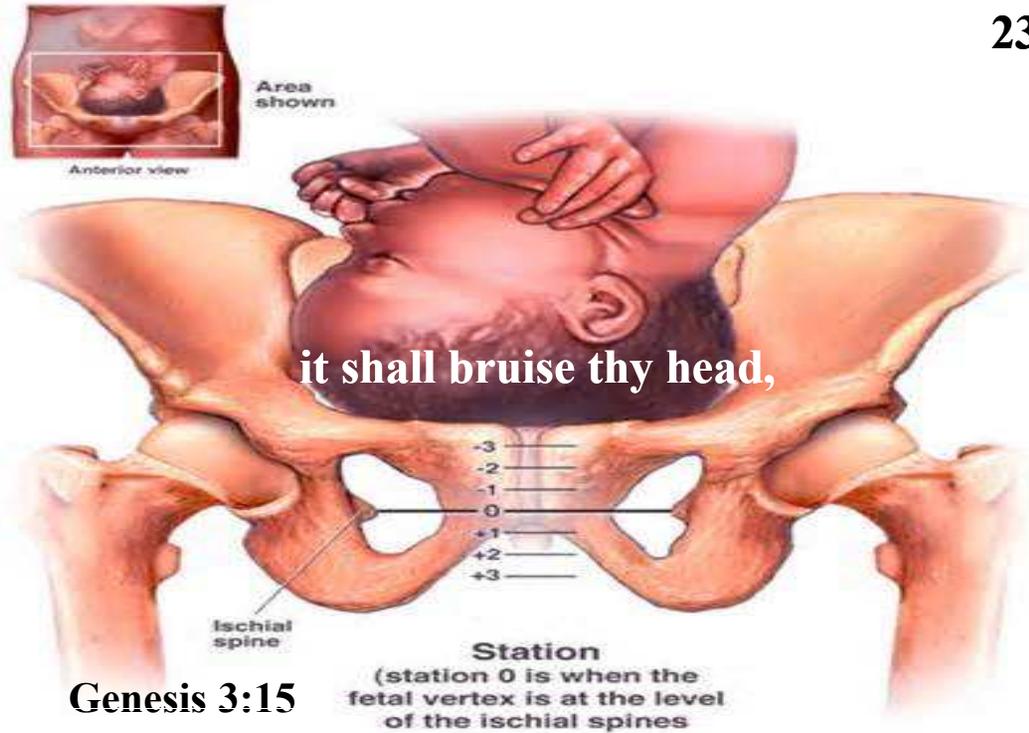
Male Reproductive System



and thou shalt bruise his heel.



And I will put enmity between thee and the woman, and between thy seed and her seed:



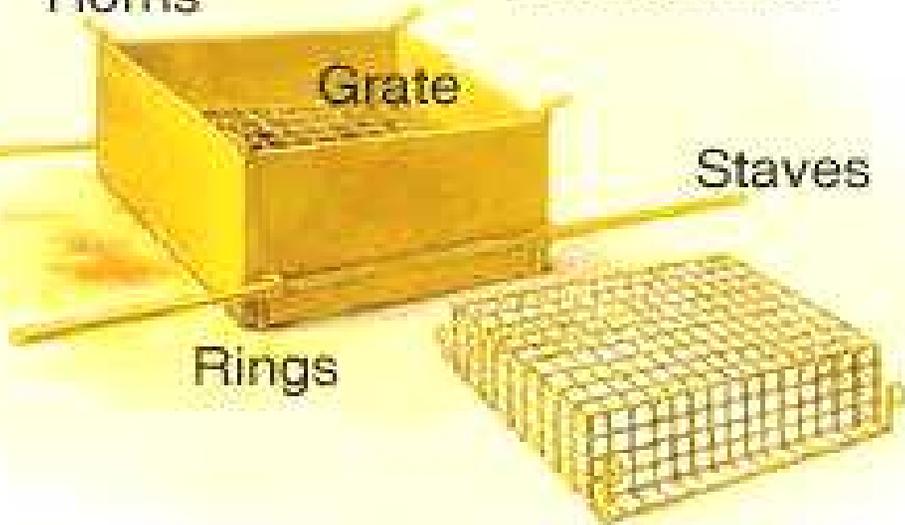
Horns

Brazen Altar

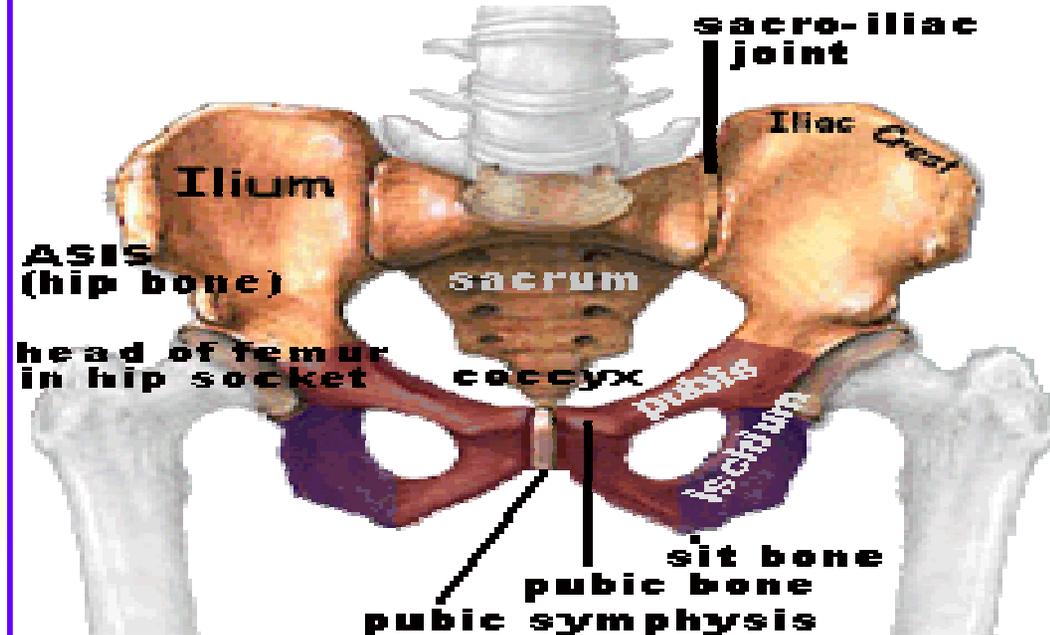
Grate

Staves

Rings



Anterior View



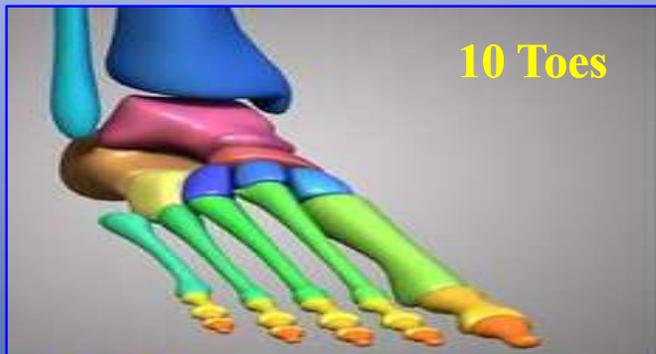
The Gate to Justification

The Way to Mercy at the Feet of Jesus

Blessed [is] the man that heareth me,
watching daily at my Gates, waiting at
the posts of my Doors. For whoso
findeth me findeth Life, and shall
obtain favour of the LORD. (Proverbs
8: 34-35)

And he made an hanging for the
tabernacle door [of] blue, and purple,
and scarlet: and he overlaid their
chapters and their fillets with gold:
but their five sockets
[were of] brass. (Exodus 36:37-38)

Jesus saith unto him, **I am the way, the truth, and the life:**
no man cometh unto the Father, but by me.
(John 14:6) (Exodus 27:9-18)



For whoso findeth me findeth
Life (at my Veil), and shall
obtain favour of the LORD.
(Proverbs 8:34-35) (John 14:6)

(Psalms 119:115)

Since the mind and the soul find expression through the body, both mental and spiritual vigor are in great degree dependent upon physical strength and activity; whatever promotes physical health, promotes the development of a strong mind and a well-balanced character. Without health no one can as distinctly understand or as completely fulfill his obligations to himself, to his fellow beings, or to his Creator. Therefore the health should be as faithfully guarded as the character.

A knowledge of physiology and hygiene should be the basis of all educational effort. By a most beautiful and impressive figure, God's word shows the regard He places upon our physical organism and the responsibility resting on us to preserve it in the best condition: "Know ye not that your body is a temple of the Holy Spirit which is in you, which ye have from God? and ye are not your own."
"If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are." **1 Corinthians 6:19, margin; 3:17.**

Let pupils be impressed with the thought that the body is a temple in which God desires to dwell, that it must be kept pure, the abiding place of high and noble thoughts. As in the study of physiology they see that they are indeed "fearfully and wonderfully made" (**Psalm 139:14**), they will be inspired with reverence. Instead of marring God's handiwork, they will have an ambition to make all that is possible of themselves, in order to fulfill the Creator's glorious plan. Thus they will come to regard obedience to the laws of health, not as a matter of sacrifice or self-denial, but as it really is, an inestimable privilege and blessing. {**Education 195.1; 200.3- 201.1**}

Next Sabbath:

The Sanctuary of our Body

The Third Temple

Review Part 2

Our Bodies are a “Temple” in which God desires to dwell

“Christ our Righteousness”

The Way, The Truth and The Life

He is our Sanctification and Covering

